







EVALUATION

September 22 – 26, 2025

Armed Forces Academy of General Milan Rastislav Štefánik and the surrounding area

Martina HYKLOVÁ

Presentation: 68th IG Meeting in Thessaloniky, Greece

November 24-27,2025



Participants of the BIP ALLROUNDER 2025

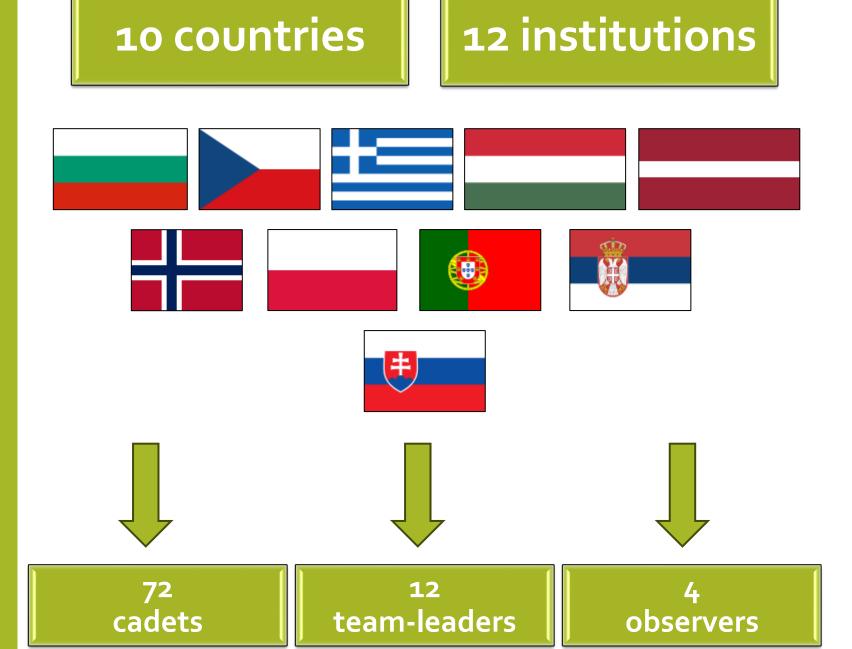
88 participants

49 participants = Erasmus + BIP

7 participants = Erasmus+ staff mobility

25 participants = Bi-lateral agreement

7 Slovak participants





What was New?

- Military fast-track transfer at Tatra Mountain area.
- Demonstrations of drowning rescue and military-practical swimming,
- Basics of rafting and wild water movement.
- Demonstration of the basics of close combat.
- Measurement of somato-metric parameters of competitors
- Military practical climbing,
- Free time activities: cave visit, visit to thermal springs, hiking up the Chopok mountain.

FEEDBACK

62 participants

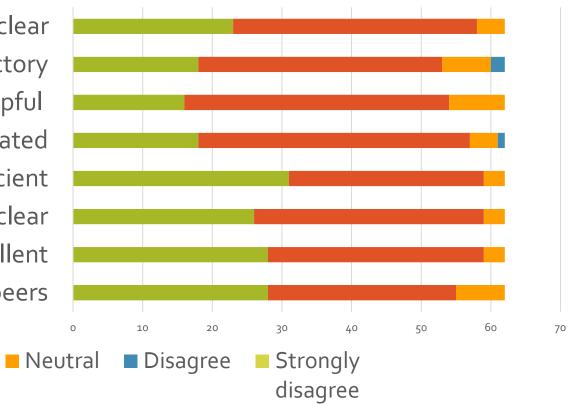
FEEDBACK results

Pre-course info package was clear
Time management was satisfactory
E-learning material - helpful
Lodging and meals - well co-ordinated
The instructors' English was sufficient
Work assignment was clear
Competence of teachers was excellent
Culture events nourished relations with peers

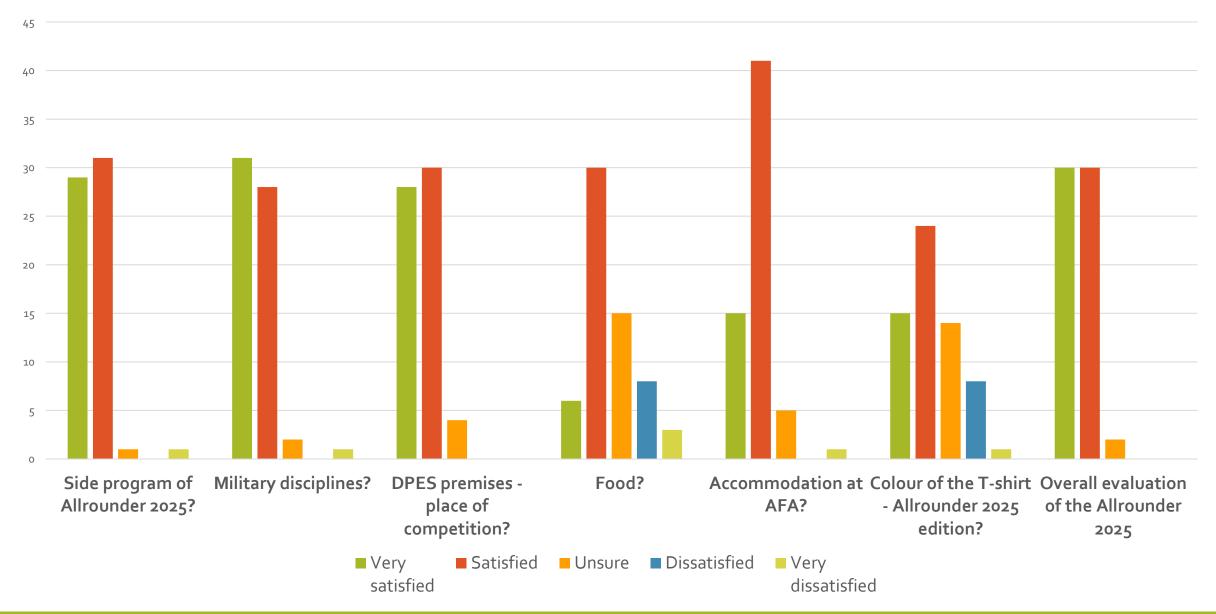
Strongly

agree

Agree



FEEDBACK results

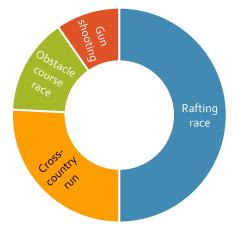


compare pushing participate everyone colleagues perfect limits_{tough} interesting activity astonishing friends/allies demanding amazing useful cultures bestfine arrangement one nice accommodation awesome resilience friendly together

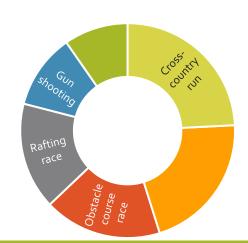
So..... What were the participants' impressions of the ALLROUNDER 2025?

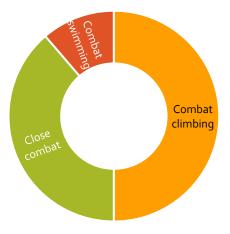
Which Allrounder 2025 disciplines did you like the most?

Which special PE discipline did you like the most?



Which discipline was the most difficult for you?



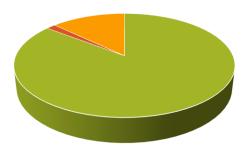


Which discipline of Allrounder 2025 was the best organized?



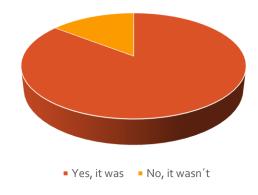
So... What were the participants' impressions of the ALLROUNDER 2025?

Did you like the training day on Tuesday?



- YES it helped me, definitely keep it in the next year too
- NO the training was useless, I would replace it with something else next year
- I DON'T KNOW it didn't help me much, I can imagine another activity

Was measurement of somatometric parameters beneficial for you?

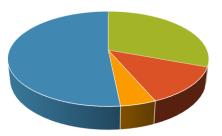


Which part of cultural program did you like the most?



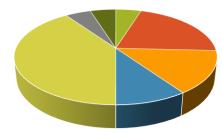
- Icebreaker starting a fire
- Hike to Chopok mountain
- Kalameny Thermal spring
- Hike to Popradské pleso / Štrbské pleso
- Visit to Demänovská Cave
- Special physical combat training

What do you think would be the best team composition?



- 6 men
- 5 men 4 women
- 4 men 3 women
- best athletes regardless of gender (current competition conditions)

Which colour of T-shirt would you like for Allrounder 2026?



• turquoise • dark blue • royal blue • red • khaki • neon yellow • evergreen

Lessons Learned

- Better organize rafting training;
- Adjust the schedule for the entire week as well as the e-learning phase;
- Add more variety to social activities;
- Improve safety measures.

Recommendations that we are not able to change and as such, must be taken to consideration in the future

- Weather; Choose the different season / time / month for competition;
- Real guns / Live ammo;
- Find solutions to improve meals at AOS
- Change penalties / bonuses at obstacle course.



October 5-9, 2026



Hand-grenade throwing



Obstacle course



Swimming relay 6x50 m



Shooting







Rafting





"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."
(Michael Jordan)



THANK YOU

POC
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more info will be published on EMILYO website

